BEN FRANKLIN ACADEMY

The Core Knowledge STEAM School of Choice

Athletic Handbook

Ben Franklin Academy Mission

The mission of BFA "is to develop young adults with character like America's founding Renaissance man, Benjamin Franklin: well-read, scientifically curious, and civically engaged."

Athletics Mission

The mission of the Ben Franklin Academy Athletics Program is to create a culture of respect for the game, responsibility towards coaches and teammates, integrity in our work, and excellence in our character.

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COST

The cost to play any sport at Ben Franklin Academy is $200-$250. This money goes to paying for referees, facilities, coaches, gear, and equipment. Payment and all eligibility paperwork are due prior to the first practice. Developmental Teams that don't participate in games pay $100-$200 for gear and coaches' pay.

ATHLETICS OFFERED

FALL (Aug.- Oct.)

Girls Volleyball

- Head Coaches: Haylee Halliburton and Katie Murphy
- Typical Practice Time: 7:00-8:00 a.m. or 3:30-5:30 p.m.
- Practice Location: ThunderGym (also known as Big Gym)
- Game Time: 4:15 and 5:15 p.m.
- Spots Available: 20 (Max spots available 36)

Boys Soccer

- Head Coach: Christine Svensen
- Typical Practice Time: 7:00 - 8:00 a.m. or 4:00 - 5:30 p.m.
- Practice Location: Turf (also known as playfield)
- Game Time: 4:15 p.m.
- Spots Available: 18

Cheerleading

- Head Coach: Kelley Marie Paulson
- Typical Practice Time: 3:30 - 5:30 p.m. Wednesday
- Practice Location: Middle School Commons/ThunderGym
- Game Time: 4:15 p.m. (Boys A Team Home Games & several additional sports/games)
- Spots Available: Unlimited; this is a no-cut sport

Co-Ed Cross Country

- Head Coach: Janelle Nichols
- Typical Practice Time and Location: 4:00 – 5:30 p.m.
- Practice Location: Outdoor Classroom
- Meet Time: TBD
- Spots Available: Unlimited; this is a no-cut sport

WINTER (Oct.-Feb.)

Boys Basketball (Oct.-Dec.)

- Head Coach: Craig Macias
- Assistant Coach: Warren Astler
- Typical Practice Time: 7:00 - 8:00 a.m. or 4:00 - 5:30 p.m.
- Practice Location: ThunderGym (also known as Big Gym)
- Game Time: 4:15 and 5:15 p.m.
- Spots Available: 20

Girls Basketball (Jan.-Feb.)

- Head Coach: Kevin Knudsen
- Assistant Coach: Megan Mares
- Typical Practice Time: 7:00 - 8:00 a.m. or 4:00 - 5:30 p.m.
- Practice Location: ThunderGym (also known as Big Gym)
- Game Time: 4:15 p.m. and 5:15 p.m.
- Spots Available: 20

Cheerleading (cont.)

- Head Coach: Kelley Marie Paulson
- Typical Practice Time: 3:30 - 5:30 p.m. Wednesday
- Practice Location: Middle School Commons/ThunderGym
- Game Time: 4:15 p.m. (Boys A Team Home Games & several additional sports/games)
- Spots Available: Unlimited; this is a no-cut sport (Registration is at the beginning of school)

SPRING (March-April)

Girls Soccer

- Head Coach: Christine Svensen
- Typical Practice Time: 7:00 - 8:00 a.m. or 4:00 - 5:30 p.m.
- Practice Location: Turf
- Game Time: 4:15 p.m.
- Spots Available: 18

Boys Volleyball

- Head Coaches: Haylee Halliburton and Katie Murphy
- Typical Practice Time: 7:00 - 8:00 a.m. or 4:00 - 5:30 p.m.
- Practice Location: ThunderGym (also known as Big Gym)

- Game Time: 4:15 p.m. and 5:15 p.m.
- Spots Available: 20

Co-Ed Track

- Head Coach: Janelle Nichols
- Typical Practice Time and Location: 4:00 – 5:30 p.m.
- Practice Location: Outdoor Classroom
- Meet Time: TBD
- Spots Available: Unlimited; this is a no-cut sport

CODE OF CONDUCT

Parents will sign the Code of Conduct when signing students up in MySchoolBucks. Please remember that the BFA Code of Conduct is signed at the beginning of each sport while participating in any athletic program.

(See example of Code of Conduct at the end of the handbook.)

ELIGIBILITY REQUIREMENTS

Parents will sign the Eligibility & Scholastic Eligibility when signing students up in MySchoolBucks. Please remember that the BFA Eligibility is signed at the beginning of each sport while participating in any athletic program.

(See example of Code of Conduct at the end of the handbook.)

PLAYER CONTRACT

RULES

All players must attend all practices and scheduled games and be punctual. In the event a player cannot attend, for any reason, the coach must be notified by phone, email, or text message.

All players must maintain a 70% or above in all classes to be eligible to participate.

If a student is below a 70% in a class, although they cannot play, they are required to attend all games and practices until the percentage has increased.

All players of the team will be financially responsible for lost, stolen, or damaged equipment and uniforms. Players are individually responsible for all items placed or left on the Bloor of bathrooms, locker rooms, or gyms used.

Failure to clear debts will result in loss of eligibility until debts have been cleared.

CONSEQUENCES

COACHES DISCIPLINE:

1. Missing practices for unexcused absence results in missing playing time in games.
2. Missing one unexcused practice/game results in missing the 1st quarter of the next game.
3. Missing two practices/games that are unexcused results in missing the 1st and 2nd quarters of the next game.
4. Missing three practices/games that are unexcused results in missing the next entire game.
5. Miss four practices/games that are unexcused results in potential suspension or expulsion from the team.

ACCEPT THE CHALLENGE:

PLAYING TIME

- All positions will be decided based on performance in practice and games
- Attitude and teamwork will also be a factor in determining playing time
- Coaches will not discuss with parent/guardian about playing time, only what the player must do to improve.
- Playing time will be kept as equal as possible during the regular season.
- ***If any player is unable to compete due to illness, injury or academic obligations, they will still be considered a starter upon their return even though another player competed in their place.
- In the event the player does not complete the season for any reason (except medical) the player will forfeit all awards. This includes the post season.

PARENT VOLUNTEERS

FALL (Sept.- Oct.)

Girls Volleyball

- Line judge (home and away): Help the official determine if the ball is out of bounds
- Scoreboard Operator: Keep Score

Boys Soccer

- Line judge (2 per game):
- Help the official determine if the ball is out of bounds and if a player is offside.
- Net: Help set-up and take down the nets for home games.

Co-Ed Cross Country

- Tent Set-up: Help set-up the team tent prior to the meet at the meet location.

WINTER (Oct.-Feb.)

Boys Basketball (Oct.-Dec.)

- Scoreboard operator: Keep score and time.
- Scorebook Keeper: Track players fouls and points, as well as a team's timeouts.

Girls Basketball (Jan.-Feb.)

- Scoreboard operator: Keep score and time.
- Scorebook Keeper: Track players fouls and points, as well as a team's timeouts.

SPRING (March-April)

Boys Volleyball

- Line judge (home and away): Help the official determine if the ball is out of bounds
- Scoreboard Operator: Keep Score

Girls Soccer

- Line judge (2 per game): Help the official determine if the ball is out of bounds and if a player is offsite.
- Net: Help set up and take down the nets for home games.

Co-Ed Track

- Tent Set-up: Help set-up the team tent prior to the meet at the meet location.

AWAY GAME TRAFFIC

Please remember that we are playing at other schools. This means that they will also be getting out of school around the same time as we do. Please adhere to any parking directions below to help facilitate this process. Do not show up to any school prior to 4:00.

PLATTE RIVER ACADEMY
Park anywhere in the parking lot.

SKYVIEW ACADEMY
Do not wait in their carpool line. There is enough room in their entrance to go around the line and park in the lot away from the carpool.

ASPEN VIEW ACADEMY
School gets out early enough that our arrival should not interfere with carpool at all.

LITTLETON ACADEMY
School gets out early enough that our arrival should not interfere with carpool at all.

NORTHSTAR ACADEMY
Park across the street (Keystone Blvd.) at the entrance of the neighborhood and walk across the cul de sac.

LEMAN ACADEMY (STROH CAMPUS)
Park anywhere in the parking lot.

MILE HIGH ACADEMY
Park anywhere in the parking lot.

CARPOOL POLICY

Carpool Policy states that if a player needs a ride to an away game or meet, you will have to communicate with a coach prior to the event. The coach will try to find a ride for the player. If not, they

will have to get a ride with their parents. It is the responsibility of the parent(s) to find a ride to the game from school. If the student is riding with someone other than their family, the coach must be notified by email prior to leaving the school. Please meet for pick-up at the upper parking lot at the scheduled time for departure.

Uniform/Guide for Game Day Sports (Boys and Girls)

This is a general overview of appropriate business casual attire. Items that are not appropriate for the school are listed, too. Neither list is all-inclusive, and both are open to discussion. The lists tell you what is generally acceptable as game day casual attire and what is generally not acceptable as game day casual attire.

No dress code can cover all contingencies, so students must exert a certain amount of judgment in their choice of clothing to wear to school. If you experience uncertainty about acceptable game day attire, please ask your teacher or administrator.

Uniform Bottoms
Appropriate: Any approved uniform bottom as defined in our Uniform Policy found on our website. Shorts and skirt length should be at a length of 4 inches above the knee.

Inappropriate: Non-uniform bottoms. Athletes cannot wear jerseys/athletic bottoms during school hours.

Athletic Tops:
Appropriate: Can wear athletic jersey tops on game days, in lieu of polo. Sleeveless tops must have a coordinating t-shirt underneath.

Inappropriate: Non-athletic tops or sleeveless tops without a coordinating undershirt.

Shoes and Footwear
Appropriate: Conservative athletic or walking shoes, clogs, sneakers, boots, flats, dress heels, and leather deck-type shoes are acceptable for game day.

Inappropriate: Flip-flops or Crocs.

SAMPLES OF ALL SPORT WAIVERS AND PARENT SIGNATURES

(Parents Sign in MySchoolBucks)

CODE OF CONDUCT (Sample of What Parents Sign in MySchoolBucks.)

Ben Franklin Academy Athlete Code of Conduct

The student participating in the athletic programs of Ben Franklin Academy:

- Must be in attendance at school the day of a game or practice, except in the case of a doctors appointment or any other excused reason, other than illness; and in case of illness, must be at school at least one half day (minimum of 3.5 hours).
- Must arrive at practice on time and remain at practice until it is over, unless excused by the coach in the case of a special circumstance. Lack of regular attendance will jeopardize opportunities to participate.
- Will be on a list of total participants in each activity or sport in which they participate. The Athletic Director will give this list to all teachers at school. Any problems with any of the participants will be reported to the Athletic Director or Administration as soon as possible.
- Will be ineligible from participating in a sport for the rest of the season if she/he violates the alcohol/drug use policy, or any other policy that would result in a recommendation of expulsion.
- Will be ineligible from participating in a sport for the rest of the season for intentional equipment abuse and will be responsible to pay for damaged or unreturned equipment before being allowed to participate in any further athletic activities at Ben Franklin Academy.
- Should inform the head coach if he/she intends to drop or quit the sport at any time.

By checking below, I am indicating that I have read the BFA Athlete Code of Conduct and agree to and accept the terms.

Ben Franklin Academy Parent Code of Conduct

- I want my child to succeed. I will make sure they are on time every day with the proper supplies and dress.
- I care what influences my child's thinking and behavior. I will monitor their use of media, especially the computer, TV, phone, and video games.
- I am a role model to my child. I will refrain from vulgarity and profanity in my speech.

- I want my child to respect authority. I will honor the roles of the teacher and administrators at BFA.
- I want my child to be honest. I will be forthright in my dealing with the staff about my child's behavior even when it is wrong.
- I know the damage of gossip. I will stop rumors and go through the proper channels if I have a problem.
- I want my child to be respectful. I will show courtesy to all adults I come into contact with at the school.
- I want my child to learn how to solve problems. I will listen to their concerns and then verify the problem with the teacher to reach a solution.
- I believe in the philosophy of BFA. I will follow the rules, policies, and procedures.
- We live in a global society. I will show respect for the diversity of other cultures and nationalities represented in our school.

By checking below, I am indicating that I have read the BFA Parent Code of Conduct and agree to and accept the terms.

- Athlete & Parent Code of Conduct Acknowledgement

By checking below, I am indicating that I understand the responsibilities and privileges of my student representing Ben Franklin Academy in competitive activities and, therefore, will maintain the high standards of sporting behavior.

- Responsibilities and Privileges Acknowledgement

By checking below, I pledge to uphold the integrity of my team, my school and my community by:

1. **Taking responsibility for all of my actions**
2. **Demonstrating respect for everyone**
3. **Being a positive role model**
4. **Accepting the outcome of the event with dignity and class**

Your student will also be required to complete and sign the code of conduct agreement before the 1st practice.

Uniform Agreement

By checking below, I am indicating that I agree to pay a $50.00 fee for any loss or damage that may occur to the Ben Franklin Academy uniform that was issued to me for the sport/s participated in.

Uniform Fee Acknowledgement

Ben Franklin Academy Athletic Eligibility

Scholastic eligibility, as set forth by the Douglas County Athletic Guidelines, requires that any student who participates in athletics must be eligible prior to participation. In addition to rules of scholastic eligibility, each athlete is expected to conduct himself/herself according to all rules and regulations of Ben Franklin Academy. No student will be allowed to compete on the day of a truancy or while suspended from school. If an event is scheduled for a non-school day, the athlete must be in accordance with these rules on the preceding day. All athletes must abide by the Athletic Code of Conduct and Ben Franklin Academy Code of Conduct. All rules and regulations are considered to be in effect throughout the year. Most important are the rules on behavior and citizenship that all students are expected to follow. Any athlete, who in the judgment of the coach or administration are found to be conducting himself/herself in a manner which is not representative of the best interest of Ben franklin Academy will be suspended or dropped from the athletic program.

General Eligibility

1. One unacceptable grade (D or F) as recorded in Gradelink will make an athlete ineligible until the grade is raised. At that time the athlete will become eligible again. The athlete may print out a grade report from Gradelink to show the coach documenting they are eligible. The administration may have the authority to make individual student recommendations for Special Education students.

2. Ineligible students will not be permitted to participate in athletic games, but will be expected to suit up and attend the game in order to support the team. They will be permitted to practice.

3. The administration has the authority to declare a student ineligible from participating in athletic activities based on inappropriate behavior.

4. A student can be dropped for irregular attendance, discipline, or academic reasons.

5. Students must attend all scheduled practices in order to participate in contests. The athletic director, coach, or administration may excuse an absence.

6. If a student is absent, they may not participate in an athletic event on that day.

By checking below, I am indicating that I have read and agree to the Athletic Eligibility guidelines stated above.

Athletic Eligibility Acknowledgement

Ben Franklin Academy Athletic Permission

Because this activity will take place away from your child's school, there are some special considerations and procedures which apply. We have outlined these below:

Your child's participation in this special activity is voluntary. Your written consent at the bottom of this form is necessary for your child to participate.

Participation in activities away from school may potentially involve risks and responsibilities for you and your child that are beyond the scope of those normally associated with traditional school functions under our supervision. These may include, for example, personal injury or damage to personal property. We encourage you to inquire in advance concerning the nature and details of each field trip and of any potential risks which will be assumed through participation. By agreeing below, you acknowledge that you have made yourself aware of any potential risk associated with the field trip and that you voluntarily and knowingly assume all such risk.

The School District's responsibility of injuries to students, or damage to their property in connection with these activities is defined by Colorado law. Generally, the District has immunity from most claims, such as those resulting from the general supervision of students.

The School District does not have any medical/dental/hospitalization insurance covering students for injuries incurred at school or while on field trips. If you have not already done so you should investigate and must obtain medical insurance coverage for your child.

If your child fails to abide by District rules of conduct and teacher instructions during the trip, it may

become necessary to discontinue his/her participation in the activity. In that case, you may be responsible for picking up your child immediately.

I hereby give my permission for my students to attend the sporting event I am registering for. I hereby release and hold harmless the District, it's director, Board Members, officers, agents, employees, teachers and authorized volunteers from any and all liability, liens, claims, demands, actions or cases of action, whatsoever arising from my student's participation in the above referenced event.

By checking below, I am indicating that I agree to the above special considerations and procedures.

Special Considerations and Procedures Acknowledgement

Medical Emergency/Consent for Middle School Sporting Event

By checking below, I am indicating that I give my consent for emergency medical and surgical treatment in a licensed medical facility by a licensed physician should my child's condition require it in my absence. I understand that in such a case, reasonable attempts would first be made to contact me, time and conditions permitting.

Medical Emergency Treatment Consent Acknowledgement

By checking below, I confirm to the Douglas County School District that my child is in good health and that his/her participation does not pose a hazard to his/her health or that of participating students.

Injury Release

I, the undersigned, know that participation in Ben Franklin Academy Charter Schools extracurricular sports programs is potentially hazardous to the health of

_____Child's Name

In choosing to participate in Ben Franklin Academy Charter Schools extracurricular sports programs, I fully accept and assume all risks whether before, during or after completion of the related activities. These include without limitation, risk of physical injury, mental injury, emotional distress, trauma or

death, resulting from contact with other participants. All risks are known and appreciated by me. I waive any and all specific notice of the existence of the risks. Knowing these facts and in consideration of my admission and participation in Ben Franklin Academy Charter Schools extracurricular sports programs, I, acting as parent or legal guardian release, waive, discharge covenant not to use and agree not to hold the Douglas County District or Ben Franklin Academy Charter School, its officials, emergency and support people, employees and representatives harmless from any claims, demands and actions of any kind I have, may have or may hereafter accrue against the released parties directly or indirectly arising out of or relating in any respect to participation in Ben Franklin Academy Charter Schools extracurricular sports programs. My waiver and release of all claims, demands, actions and liability shall include without limitation, any injury, damage or loss to my person or property which may be (a) caused by an act, or failure to act, by the above identified persons and entities or (b) sustain by my child before, during, or after the sports activities.

By checking below, I am indicating that I have read this injury release agreement, waiver and release and agree to and accept the terms.

Injury Release Acknowledgement